### January 2016

**DHH Volunteer** 

NEWS



#### Episode VII THE FORCE AWAKENS

Happy New Year!

## **INSIDE:**

- Doane House Hospice – by the numbers
- Upcoming DHH events
- Volunteer Café
- Add your voice: Physician-Assisted Dying - survey link
- A-Musing Moment:
  "the Lab Decoy"

**CHEERS** to **2016** and the return of a monthly newsletter – just for YOU!

It's been a while since Doane House Hospice volunteers received a monthly e-newsletter. Well ... to paraphrase the latest Star Wars

movie, lets use this forum to 'awaken the force'!!

Have a look. Send back a comment. Put forward your suggestion(s) of what you'd like to have included in future editions. Most of all, know YOUR support at Doane House is SO appreciated and "may the force (continue) to be with YOU!"

Happy Reading!!! (from Susan H-H)







Have a look at some current statistics...

There's strength in numbers at Doane House Hospice!

#### Doane House Hospice is 27 years strong...

and 2016 will see us continue our efforts to enhance quality of life through the provision of non-medical support for those affected by, or caring for an individual with a lifethreatening illness, as well as bereavement support. Our motto:

"Hope and Healing Through Connection," is reflected in this snapshot of recent statistical

# **3.5** & **97**

...the ages of our youngest and eldest client this year. On average, our clients are in their 50's.

# 18%

...the percentage increase in number of clients supported over last year.



## "Volunteering is a work of heart."

## 25% & 12 years

...the percentage of funding received by DHH through the Local Health Integrated Network (LHIN) via Palcare Network for York Region and the numbers of years that amount has NOT changed – despite the increase in clients and/or requests for service.



#### **11,513.76** ...the # of trained, dedicated DHH volunteers and the accumulated hours of service they donated.

### \$250,000.00

...the dollar amount DHH needs to raise through fundraising efforts so as to continue to offer programs and services free-of-charge.



Have YOU logged into the Volunteer Café lately???

Use your volunteer # to log into the Volunteer Café page. (don't know your number? Call Jean to find out!)

(The Café needs some updating, but there's still a lot of great links, information and resources there for Doane House volunteers.)

Check out the "Manuals" and/or "Visions" pages – bet there's info there you didn't know!

# **Upcoming Events**



Hike for Hospice May 1<sup>st</sup>, 2016



Hike for Hospice is a unique, national fundraising event. On that day, from sea-to-sea, hospice palliative care organizations work together to raise funds and awareness in their community!

This is an important fundraising event! We hope to 'grow' our Hike and want to see more teams participate. Help us by promoting a company team. It's great team – building and raises awareness for our corporate partners while supporting the cause.

Or, we encourage any individual(s) who want to meet new friends, to come alone and/or bring their dog(s).

more info to come....

### Tee-Off for Hospice June 2016



Who doesn't like a round of golf, great weather, good food and all that fresh air





#### A-Musing Moment....



#### https://youtu.be/F-TyPfYMDK8

This 3-minute You Tube video, called: *The Decoy* is a very eye-opening experience that's gone 'viral.' It was the first of a 6-part series, created as part of a photography experiment/marketing campaign for Canon Australia. Beyond its entertainment value, (largely due to the 'twist') it makes us stop and think.

Six photographers enter the studio individually and are told a bit about their subject, whose name is Michael. The fictional back-stories on Michael range from him being a self-made millionaire to a hero, exinmate, fisherman, psychic and a former alcoholic. In reality, he is none of those things. (Therein lies the 'twist').

Watch the video to see the finished portraits. There's a wide-range in style and context! It's this month's "A-Musing-Moment.'

For *their* purposes, Canon Lab seems to want to demonstrate that a photograph is shaped more by the person behind the camera than by what's in front of it. For *us, as Hospice Volunteers*, we're reminded just how quickly and easily we too can formulate opinions and perspectives about others. And serves to remind us how – when companioning our clients (*or anyone, really*) - we ought to be wary.

Dr. Robert Buckman (author/comedian/medical cancer specialist) is remembered for his phrase "patient = person + disease." We all know how important it is to *NOT* label our clients as (for example): "Jane Doe with breast cancer." It goes without saying that easing suffering comes by way of effective, mindful communication.

If you haven't done so already, interact with *Bridging the Gap* communications module (link: <u>http://training.hpco.ca/</u>- also in The Volunteer Café: Training and Education tab.) Complementing Core Concept Training it reminds or reaffirms the 'correct' responses in embedded case-study scenarios pertaining to communication issues, professional boundaries and ethical conuconundrums...



## IPSOS-REID SURVEY

The Province of Ontario is inviting the general public to share their views on

physician-assisted dying and end-of-life care

In January 2016, Ontarians will be able to provide their input on key issues in this most important matter, including safeguards to protect vulnerable people, the impact on families and caregivers, and the role of health care providers in providing physicianassisted dying.

The online survey is available here

http://www.ipsosresearch.com/ endoflifedecisionssurvey

This survey takes about 15 minutes to complete.

YOUR opinion MATTERS. Please make time to SHARE IT!